

Biology 2201 - Digestive System  
**Page reference: 40-48, 354-358**

There are six classes of nutrients that are part of the food we eat and digest. These are:  
**Carbohydrates, lipids, proteins, vitamins, minerals and water.**

Part A. Compare Carbohydrates, Lipids and Proteins by completing the chart below.

Nutrient	Elements found	Building Blocks	Function in the body	Examples
Carbohydrates		Monosaccharides		
Lipids	Carbon Hydrogen Oxygen			
Proteins				Hemoglobin

Part B. State why each of the following is important to the body.

Water (p. 41)		
		Examples
Vitamins (370-71)		
Minerals (370-71)		